**WORK CARD 1**

TASK MAP

Life gives us challenges and tasks. We do not have to invent them, we only have to see them and we can discover them.

When you think about tasks, various words appear in your mind, eg: finish the second degree bartending course, become a Flair master, learn English and Italian, meet new friends. Try to organise them by creating a task map. For this purpose:

1. Divide them into the professional and non-professional spheres,

2. Define the hierarchy of tasks according to their importance and the degree of generalisation (general task, paramount , specific).

3. Fill out the table

MAP OF MY TASKS

|  |  |  |
| --- | --- | --- |
| LEVEL | TYPE OF TASK | |
| Professional tasks  (learning, learned profession, bar work, competitions, preparation of cocktail recipes) | Non-professional tasks  (hobby, sport, family, social activity) |
| LEVEL 3  PARAMOUNT TASK |  |  |
| LEVEL 2  GENERAL TASK |  |  |
| LEVEL 1  SPECIFIC TASK |  |  |
| MADE ON (DATE)  ……………………………………………………………………………………………………… | | |